

A guide to your next step in your Life's Journey

A guide to your next step(s) in your Life's Journey

by

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# A guide to your next step in your Life's Journey

I have designed this guide to help you determine what specific step(s) you should take next on your Life's Journey. *[It assumes that you are functioning normally in your life right now. If you are currently dealing with issues that prevent you from functioning normally, then you should visit the [Resource Database](#) on [Self-Actualization Resource](#) and search for the appropriate **therapeutic service provider**.]* Since you are visiting this site and/or reading this guide, I will assume that you are considering utilizing some of the resources on either [Personal Best Life Coaching](#) or [Self-Actualization Resource](#). You will answer a series of questions to help you “drill down” to your next step(s). The step(s) will direct you to the appropriate resource on one or the other of the sites.

This guide is intended to be both comprehensive and easy to use. There are no “trick” or “leading” questions. Answer each question as honestly as you can; the guide will be only as useful as you make it. If after using this guide you feel that I have overlooked something or I have been unclear or confusing about something, please [Contact Me](#) with suggestions for improvement. I was a computer programmer and a math teacher before becoming a Life Coach; the organization of this guide is what makes sense to my analytical, linear mind. Thanks for using this guide. I wish you success in living the life of your dreams.

In love, peace, and true purpose,  
Marc Isaacson

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*Are you ready to learn what your next step in your Life's Journey is and take action on that step?*

[This first step is essential to determine whether I have your permission and cooperation to continue with this process. This is a serious question and I ask that you thoughtfully consider your answer.]

*No:* Stop reading this guide and continue whatever you were doing previously in your life.

*Yes:* Continue with the questions on the following pages.

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*Are you living the life of your dreams?*

[As I mentioned in the introduction, there are no “trick” or “leading” questions. When you answer this question, it is up to you to determine what living the life of your dreams means and to what extent that needs to be happening for you to give a “yes” answer.]

*Yes:* Great! The world needs all the people like you it can get. Go out into the world and let your light shine. Thanks for being who you are.

*No:* Continue with the next question.

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*Are you interested in living a purpose-driven life?*

[You don't need to interpret this question in a religious or spiritual context, if you choose not to. Also, not everybody is interested in living a purpose-drive life. You can live a life that is perfectly acceptable to you whether you answer “yes” or “no.”]

*Yes:* [Skip to Page 8](#) and continue with that series of questions.

*No:* Continue with the question on the next page.

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*Do you desire someone else's assistance in moving closer to living the life of your dreams?*

[As you are still reading this guide, I am operating under the assumption that you do want to move closer to living the life of your dreams; it's just a matter of whether you are going to work towards that goal with assistance or on your own.]

*No:* Since [Personal Best Life Coaching](#) and [Self Actualization Resource](#) are geared towards getting people to pursue their true purpose in life, many of the resources on these sites will probably take a different approach than will be a good fit for you. The resources that I think will be most helpful to you at this point are:

- The [Wheel of Life](#) exercise
- Pages 170 – 175, 179 – 181 (understand that you can make purposeful choices in your life without living a purpose-driven life) in Tim Kelley's book [True Purpose](#). I believe that the ~\$30 investment in this

A guide to your next step in your Life's Journey book represents a wise choice on your part, even just to read the pages I recommended. Tim knows his purpose in life. I was able to feel his essence as I read his book, and I believe you will be able to as well. At some point in the future you may even decide to read through other parts of the book.

*Yes:* First complete the [Wheel of Life](#) exercise. Then visit the [Resource Database on Self Actualization Resource](#) to locate an appropriate service provider. As the focus of the site is to get people to pursue their true purpose in life, make sure that you let the service provider know what you would like the focus of your work together to be and that you are not interested in doing life purpose work.

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This is a continuation from [page 5](#). You should be reading this only if you answered “yes” on page 5.

*Do you know your life's purpose?*

*Yes:* [Skip to Page 11](#) and continue with that series of questions.

*No:* Continue with the question on the next page.

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*Do you believe that you have a purpose and that you deserve to know and live your life's purpose?*

[Even though you desire to live a purpose-driven life, it is possible that you are not yet ready to accept that this is possible for you – you can't answer “yes” to some (or any) parts of the above question.]

*No:* It is normal for many people to have stronger “doubters”, “skeptics”, or “cynics” in their personality. Make use of the resources I provide on [Personal Best Life Coaching](#) to help you in (re)gaining your ability to believe that you deserve to live a life that is meaningful and fulfilling. As you will see when you read [about me](#), it is my purpose in life to help you to be able to answer “yes” to the above question and then take the next step in your Life's Journey.

*Yes:* Continue with the question on the next page.

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*Do you desire someone else's assistance in determining your purpose?*

[At this point in the guide, it is clear that you want to know your purpose in life; it's just a matter of whether you are going to work towards that goal with assistance or on your own.]

*Yes:* Go to the [Resource Database](#) on [Self Actualization Resource](#) and search for a Life Purpose Coach.

*No:* Purchase Tim Kelley's book [True Purpose](#) and work through all the exercises.

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This is a continuation from [page 8](#). You should be reading this only if you answered “yes” on page 8.

*Are you living your life's purpose?*

*Yes:* If you are living your life's purpose and you still don't feel that you are living the life of your dreams, then there is something that is still obviously out of line. Either you are not fully manifesting your purpose or you are failing to meet the needs of one of the other parts of your personality. Complete the [Wheel of Life](#) exercise to see where your life is out of balance. Then go to the [Resource Database on Self Actualization Resource](#) and search for a Life Coach that can help you with manifesting your purpose.

*No:* It appears that you are encountering

A guide to your next step in your Life's Journey resistance from your Ego and other parts of your personality. Purchase Tim Kelley's book [\*True Purpose\*](#) and work through all the exercises. Then you will need to decide if you want to return to working through the process of manifesting your purpose on your own or if you want to search for a Life Coach to help you manifest your life's purpose in the [Resource Database](#) on [Self Actualization Resource](#).

# A guide to your next step in your Life's Journey

For those of you reading this as a hard copy, here are the links that I provided in the document:

Marc's profile:

<http://personalbestlifecoaching.com/node/17>

Personal Best Life Coaching home page:

<http://personalbestlifecoaching.com>

Personal Best Life Coaching contact form:

<http://personalbestlifecoaching.com/contact>

Self Actualization Resource home page:

<http://selfactualizationresource.org/>

Resource Database:

<http://selfactualizationresource.org/node/54>

Tim Kelley's book *True Purpose: 12 Strategies for Discovering the Difference You Are Meant to Make*:

<http://www.kickstartcart.com/app/?af=973885>

Wheel of Life exercise:

<http://personalbestlifecoaching.com/sites/all/files/Wheel Of Life.pdf>